

Reduce Injuries - Playground Surfacing Safety Checklist

Loose-fill Surfacing: sand, wood chips, pea gravel, shredded rubber

- All soft playground surfacing should be 9 inches deep.
- Is the playground surfacing well maintained?
- Check for tripping hazards like roots, ice or snow.
- Is the playground free of garbage, broken glass and animal droppings.

Unitary Materials: rubber mats or tiles and poured in place

- Check to see that the surfacing is well maintained.
- Is the play surfacing uniform to edges of the playground?
- Is the playground free of debris, and animal droppings.

The Utah Department of Health and LuckyDog Recreation
support National Playground Safety Week

**Simple tips from the Utah Department of Health
for playground supervisors
(parents, babysitters, teachers, etc.):**

- **Establish playground safety rules with consequences for breaking the rules**
- **Encourage children to play safely and enforce safety rules**
- **Teach children playground etiquette: no pushing or shoving**
- **Be an active supervisor and avoid distractions**
- **Active supervision does not mean you are playing with the children**
- **Supervisors can often stop a situation from getting out of hand just by moving closer to the children involved or looking directly at them**

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